

# Staying safe on Social Media



Are you sure that your child is using Social Media safely?

Is your child playing on-line games or talking to friends in a group?

Are you sure 'friends' are using safe language?

Are 'friends' requesting or sharing images and if so have you seen them?

## How to Stay Safe on Social Media

**Think** – Think before you post. Can the picture or words upset others or be accessed by outsiders? Think about the photographs of your child that are on line, how could others interpret the images?

**Friends** – True friends don't use upsetting words, they don't say or ask for anything that makes another person uncomfortable.

**Kindness** – Be kind on line, don't embarrass, tease or spread upsetting rumours. True friends share good news and praise success.

**Password** – Is your child's password a secret and if so why?

Do not share passwords.

**Privacy** – Check your privacy settings, are they high enough?

How often do you check your child's on line activity?



### ZIP IT

Keep your personal stuff private and think about what you say and do online.



### BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



### FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.